



Calgary Highlanders (Airdrie) RCACC

Annex E

2020-01(CO)

16 Jan 20

Informed Parental Consent- 3016 RCACC Cold Weather Adventure Training Exercise

3016 Royal Canadian Army Cadet Corps (RCACC) will participate in a cold weather adventure training field training exercise (FTX) on 14-16 February 2020. This activity will take place at DND owned property Rocky Mountain National Army Cadet Summer Training Centre, which is approx. 30 km northwest of Cochrane, AB. The BIVEX FTX will consist of the following activities which can imply low to moderate risk:

- Hiking/snowshoeing
- Orienteering activity
- Building shelters
- Building fires
- Warming precooked rations on camp stoves
- Sleeping outside

Risk mitigation factors which have been applied are:

- 1:15 supervision ratio
- cadets have been prepared with necessary survival training
- a kit check will be conducted to ensure that appropriate clothing has been packed

Meeting time- 1730 (5:30PM) 14 Feb 20

Departure time- 1800(6:00PM) 14 Feb 20

Departure location- the Ag building, 97 East Lake Ramp NE Airdrie

I _____ (parent/guardian name) give permission for my (son/Daughter/Ward) _____ to participate in the Cold Weather Navigation Training Exercise on 14-16 Feb 20 with 3016 RCACC.

My (son/daughter/ward) has been given the following prescribed medications in their (original bottle) to be consumed as prescribed under the supervision of the corps staff on duty:

1. _____
2. _____
3. _____
4. _____

PLEASE CHECK IN WITH CV Neudorf UPON ARRIVAL AT THE AG BUILDING TO ENSURE THAT YOUR CHILDS MEDICATION NEEDS ARE MET DURING THIS ACTIVITY.



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PERSONAL EQUIPMENT AND CLOTHING

1. Wash kit (INCLUDING DEODORANT);
2. Water bottle;
3. Mug;
4. Wool socks x 4;
5. Liner socks x 4;
6. Long underwear (pant and shirt);
7. Underwear x 4
8. FTU pants or suitable pants (NO JEANS);
9. Snow pants;
10. Warm winter jacket;
11. Fleece or wool sweater;
12. FTU Shirt;
13. Toque x 2;
14. Gloves or mitts x 2;
15. Combat boots or Hiking boots;
16. Second pair of footwear (Winter Boots) ****PLEASE DO NOT BRING RUNNERS AS THEY GET WET AND COLD****;
17. Towel;
18. Sunglasses;
19. Sunscreen;
20. Pencil and notepad; and
21. Chap stick
22. Duffle bag or rucksack (NO ROLLING SUITCASES)

Electronics are NOT recommended, due to the likelihood of them being lost, broken, damaged or stolen. RMNACSTC does not have cell service, and therefore of no use on the exercise. Staff will have cell phones for cadets to use if required and there is a land line located at the camp. CADET UNIT STAFF AND THE PARENT SUPPORT COMMITTEE WILL NOT BE RESPONSIBLE FOR ANY ELECTRONICS.